



Squad Timetable FEB 2025

		Silver/ Gold	Bronze
Tues	28.1	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	29.1	6:00-8.30am	6:00-8.00
Thurs	30.1	6:00-8.30am	6:00-8.00
Fri	31.1	6:00-8.30am	6:00-8.00
Sat	1.2	8.30-11.00am	
Sun	2.2		
Mon	3.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Tues	4.2	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	5.2	3.00-6.00pm	
Thurs	6.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Fri	7.2	8.30-11.00am	
Sat	8.2	8.30-11.00am	
Sun	9.2		
Mon	10.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Tues	11.2	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	12.2	3.00-6.00pm	
Thurs	13.2	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Fri	14.2	NSW COUNTRY	NSW COUNTRY
Sat	15.2	NSW COUNTRY	NSW COUNTRY
Sun	16.2	NSW COUNTRY	NSW COUNTRY
Mon	17.2	3.00-6.00pm	3.00-5.00pm
Tues	18.2	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	19.2	3.00-6.00pm	
Thurs	20.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Fri	21.2	8.30-11.00am	
Sat	22.2	8.30-11.00am	
Sun	23.2		
Mon	24.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Tues	25.2	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	26.2	3.00-6.00pm	
Thurs	27.2	6:00-8.30am & 3.00-6.00pm	6:00-8.00 & 3.00-5.00pm
Fri	28.2	8.30-11.00am	