

Squad Timetable NOV 2025

		Silver/ Gold	Bronze
Mon	27.10	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Tues	28.10	6:00-8.00am & 3.30-5.00pm	6:00-7.30 & 3.45-5.00pm
Wed	29.10	3.30-6.00pm	
Thurs	30.10	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Fri	31.10	TAREE	
Sat	1.11	TAREE	
Sun	2.11		
Mon	3.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Tues	4.11	6:00-8.00am & 3.30-5.00pm	6:00-7.30 & 3.45-5.00pm
Wed	5.11	3.30-6.00pm	
Thurs	6.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Fri	7.11	6:00-8.00am	
Sat	8.11	8.00-10.30am	
Sun	9.11		
Mon	10.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Tues	11.11	6:00-8.00am & 3.30-5.00pm	6:00-7.30 & 3.45-5.00pm
Wed	12.11	3.30-6.00pm	
Thurs	13.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Fri	14.11	BRISBANE	
Sat	15.11	BRISBANE	
Sun	16.11	BRISBANE	
Mon	17.11	3.30-6.00pm	3.45-5.00pm
Tues	18.11	6:00-8.00am & 3.30-5.00pm	6:00-7.30 & 3.45-5.00pm
Wed	19.11	3.30-6.00pm	
Thurs	20.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Fri	21.11	6:00-8.00am	
Sat	22.11	8.00-10.30am	
Sun	23.11		
Mon	24.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Tues	25.11	6:00-8.00am & 3.30-5.00pm	6:00-7.30 & 3.45-5.00pm
Wed	26.11	3.30-6.00pm	
Thurs	27.11	6:00-8.00am & 3.30-6.00pm	6:00-7.30 & 3.45-5.00pm
Fri	28.11	6:00-8.00am	

Timetable is subject to change, any changes are posted on the Tomaree Aquatic Centre facebook page and the NBAY Members facebook page. Any squad swimmer interested in club nights and or competitive swimming is encouraged to join the club page. Monday night club night on November 3, 10 & 24.